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## Still in Lockdown

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## Still in Lockdown by L.L. Walter

First things first, I throw myself to ground three times a week to plank before I know what's hit me.
One by one, I pull back curtains.
Dawn is still. Cold blue laps walls, desk, kitchen counters.
On Fridays, I allow myself a good cup of coffee, a second slice of toast timed to pop once the water heats.

Outside, squirrels whirl up oak trees as before. Green anoles sun on bricks. My dog follows her wiggling nose, instantly knowing wildflower spice, chipped dollhouse on the curb, locust husk, each white stain we pass. In air now empty, birdsong carves its ancient hieroglyphic.

Today the sidewalk bends. I follow. Beneath a parked car, twin cats shelter. I reach this spot as if in dream—three cement squares lined by four crape myrtles, pale pink flowers rippling, opposite an oak blanketing all in shade. Here I stand in stillness.