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For the Eleventh MRI: Breathing

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2022 Vassar Miller Poetry Award

For the Eleventh MRI: Breathing by Jessica Bowdoin

I lie in this cusp, this curve of cold, and float between (eggshells, pale-painted magnets), a lone body tucked-in by paper sheets.

They roll me out, gloved hands that tighten slack. They align their skeleton over mine; a thermoplastic ribcage coils over asymmetry, over meat and fat, the jagged bones of body, to immobilize a broken spine. Roll back, roll back inside this shell and listen.

Rasp—a radio, intermittent: the technician taps tongue into microphone. Tells me:
Be breathless! Refuse lungs.
Even when lips spasm,
corral in your laughter. Stifle reverberations of oxygen and carbon molecules held in swollen cheeks. Now, breathe—
a set rhythm, only, in ten second holds.
Control—the diaphragm-driven timpani

of oxygen, the definite clarity of radio waves that penetrate everything but bone to create this imagery.

And, if I can't hold air, will my lungs make sheet music?

Will the molecules, freed, turn into pixels of black splatter that blur on film, like the speckle and grain of old movies?

Will these illegible, celluloid bubbles of dirty and dotted slush nest between bones and scar tissue and sinew to become dots and brushstrokes of something, almost Pollock-worthy? Perhaps

this shell gives birth to this body's oxygen, and delivers a canvas of silver bromide, and this metamorphosis, it derides the idea of accuracy. Brokenness

has more potential as art in a gallery than any form of accurate, any film of radiographic truth.