

2023

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Recommended Citation

Ummel, Nikki (2023) "After Taking My First Dose of Lexapro," *Ellipsis: A Journal of Art, Ideas, and Literature*: Vol. 48, Article 6.

DOI: <https://doi.org/10.46428/ejail.48.06>

Available at: <https://scholarworks.uno.edu/ellipsis/vol48/iss1/6>

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After Taking My First Dose of Lexapro

Nikki Ummel

Roundness like a drum. Feeling the circle of it all.
Bird bone radiance and a rising tingle. Toes
Looped like friendship bracelets and a quiet bog
mind. No stirring. A face gone fruit soft and
nipples numb as ice cubes. Life grain rubbed to
flower petals. Embroidered breath and the distinct
impression that this moment has already
happened. Kaleidoscopic eyes. Iridescent stillness.
The wolves paw at the ground then lie down to
nap. Safe as paradox. Idle churn like volcano
sludge. Hard to find the mirror to wipe it. Trotting
time and its slinky silk negligee.