EDHP 2110

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University of New Orleans

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Foundations of Human Performance & Health Promotion
University of New Orleans
EDHP 2110
Syllabus

Semester: Fall, 2015
Section: 01
Day/Time: Tuesday and Thursday 11:00AM-12:15PM
Location: UNO Lakefront Campus, ED (TBA)
Instructor: Cynthia A. Kenney, Ph.D.
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Office Hours: by appointment
Office: TBA

Syllabus – Course Contents

- *8/20  Syllabus; Introduction
- 8/25, 8/27  Chapter 1
- 9/1, 9/3  Chapter 2
- 9/8, 9/10  Chapter 3
- 9/15, 9/17  Chapter 4
- 9/22, 9/24  Test 1, Chapter 5
- 9/29, 10/1  Chapter 6, Chapter 7
- 10/6, 10/8  Test 2a, Chapter 8
- 10/13  Chapter 9
- 10/20, 10/22  Chapter 10, Test 2b
- 10/27, 10/29  Chapter 11, Chapter 12,
- 11/3, 11/5  Chapter 13, Chapter 14
- 11/10, 11/12  Test 3; Chapters 15, 16
- 11/17, 11/19  Presentations
- 11/24  Presentations
- 12/1, 12/3  Presentations
- 12/7-12/11  Final Exam Week  EDHP 2110 EXAM Tuesday, Dec. 8, 10AM-noon

*Dates may be changed at the discretion of the instructor. Announcements will be made in class regarding Chapter assignments and due dates.

Course Description
The course is a study of human performance and health promotion. It will cover many aspects of the fields of physical education, health and fitness, public health, the philosophical approaches, and the roles and responsibilities of professionals in the field. The course will focus primarily on understanding and recognizing the importance of the intersection of physical activity and public health. The course will utilize scientific research as a framework.
Course Objectives

Upon completion of this course, the student will be able to:

- Demonstrate an understanding of the philosophical approaches and basic concepts of human performance, health promotion, and how these intersect with public health.
- Demonstrate an understanding of the primary roles and responsibilities of a health educator and human performance specialist
- Demonstrate an understanding of the theory–practice interaction model.

This will be accomplished through the application of information from professional literature, instruction, the text, and support resources such as the websites of the CDC (www.cdc.gov), the ISPAH (http://ispah.org), AAHPERD (www.aahperd.org), and the GAPA (http://www.globalpa.org.uk/charter).

Required Text
Human Kinetics

Course Policies

Attendance/Participation
Attendance at every class is expected of each student. It is expected that you come to every class having completed the assigned reading and any associated assignments. Your participation in class discussions is of high importance, and it is a component of your course grade. Excessive absences (in excess of 10% of class meetings) may result in a failing grade.

Academic Integrity
Remember that any work taken from another author should be fully acknowledged and cited. Work submitted should be unique and represent the thoughts of the individual student. Any student found violating these policies is subject to serious academic penalty.

Assignments
Written assignments are due in class on the date and time indicated in the syllabus, announced in class, OR AS UPDATED ON MOODLE. All written assignments should be of college-level quality and typed with 12pt font unless otherwise indicated. Proofread all of your work prior to submitting.

Readings
Assigned readings are to be completed prior to the class period for which the reading is listed. Updates for assigned readings will be announced in class and/or posted on Moodle. Always check Moodle for updates.
Electronic Devices
Cell phones, Tablets, etc. may be used only for class activities. No talking on the phone, texting, or use of social media in class is allowed.

Paper and Presentation

- Student will select a topic relative to the course.
  - Topics must be approved in advance by the instructor. More information on potential topics and required format will be discussed in class.
  - Student will research the topic and write a paper (minimum 5 pages, maximum 8 pages; 12 pt. font; one inch margins).
  - More specific guidelines and requirements for paper will be discussed in class and posted on Moodle.
- Student will also present the paper in class.
  - The presentation must be a minimum of 8 minutes, maximum 10 minutes.
  - A visual component is required for the presentation. (PowerPoint is not required but may be used).
  - Presentation dates will be determined by lot.
  - The paper and presentation will be worth 25% of your final grade.
  - Additional questions regarding the assignment should be directed to the instructor.

Exams
There will be three Unit exams and a final exam. Final exam date will be on Dec. 8 (10am-noon)

Course Details

Participation (including attendance);
*Homework; Quizzes; 30%
Paper and Presentation 20%
Exams 25%
Final Exam 25%

*Homework assignments/due dates will be announced in class. These assignments must be submitted via Moodle prior to class start time (11AM) on the date which they are due in order to receive credit.
Conceptual Framework:

Our conceptual framework, the theory-practice-research interaction model, permeates the programs preparing candidates for professional roles in health-related settings. As candidates progress through their professional studies, they are introduced to formal theories and concepts that are validated by research, which along with their personally held beliefs and assumptions, inform their professional practice. The roles and responsibilities set out the broad domains for developing competence in Human Performance and Health Promotion as viewed through the lens of the theory-practice-research interaction model. As candidates engage in various clinical and field experiences included in their program of study, observation and study of professional practices inform and refine the theories and concepts they construct. Our goal is to have our candidates internalize the theory-practice-research interaction model, as they develop into reflective health professionals constantly reassessing the theories, beliefs, and assumptions they embrace.
Important Dates*

- Last day to adjust schedule w/out fee: 08/18/2015
- Semester Classes Begin: 08/19/2015
- Last day to adjust schedule w/fee, or withdraw with 100% refund: 08/25/2015
- Last day to apply for December commencement: 09/25/2015
- Final day to drop a course or resign: 10/14/2015
- Mid-semester examinations: 10/05-10/09/2015
- Final examinations: 12/07-12/11/2015
- Commencement: 12/18/2015

*Note: check Registrar’s website for Saturday and A/B sessions, and for items not listed here: http://www.registrar.uno.edu

Fall Semester Holidays

- Labor Day: 09/07/2015
- Mid-semester break: 10/15-10/16/2015

Withdrawal Policy – Undergraduate only

Students are responsible for initiating action to resign from the University (withdraw from all courses) or from a course on or before dates indicated in the current Important dates calendar. Students who fail to resign by the published final date for such action will be retained on the class rolls even though they may be absent for the remainder of the semester and be graded as if they were in attendance. Failure to attend classes does not constitute a resignation. Check the dates on the Registrar’s website, http://www.registrar.uno.edu. Please consult The Bulletin for charges associated with dropping and adding courses.

Incomplete Policy – Undergraduate only

The grade of I means incomplete and is given for work of passing quality but which, because of circumstances beyond the student’s control, is not complete. The issuance of the grade of I is at the discretion of the faculty member teaching the course. For all graduate and undergraduate students, a grade of I becomes a grade of F if it is not converted before the deadline for adding courses for credit (as printed in the Important Dates Calendar) of the next regular semester including summer semester.

Repeat Policy

When a student is permitted to repeat a course for credit, the last grade earned shall be the one which determines course acceptability for degree credit. A student who has earned a C or better in a course may not repeat that course unless, (1) the catalog description indicates that the course may be repeated for credit, or (2) the student’s Dean gives prior approval for documented extenuating circumstances.

Graduate Policies

Graduate policies often vary from undergraduate policies. To view the applicable policies for graduate students, see the Graduate Student Handbook: http://www.uno.edu/grad/documents/GraduateStudentHandbook2014.pdf

Academic Dishonesty Policy


Safety Awareness Facts and Education

Title IX makes it clear that violence and harassment based on sex and gender is a Civil Rights offense subject to the same kinds of accountability and the same kinds of support applied to offenses against other protected categories such as race, national origin, etc. If you or someone you know has been harassed or assaulted, you can find the appropriate resources here: http://www.uno.edu/student-affairs-enrollment-management/
UNO Counseling Services and UNO Cares

UNO offers care and support for students in any type of distress. Counseling Services assist students in addressing mental health concerns through assessment, short-term counseling, and career testing and counseling. Find out more at http://www.uno.edu/counseling-services/. First-year students often have unique concerns, and UNO Cares is designed to address those students succeed. Contact UNO Cares through http://www.uno.edu/fye/uno-cares.aspx.

Emergency Procedures
Sign up for emergency notifications via text and/or email at E2Campus Notification: http://www.uno.edu/ehso/emergency-communications/index.aspx. All emergency and safety procedures are explained at the Emergency Health and Safety Office: http://www.uno.edu/ehso/.

Diversity at UNO
As the most diverse public university in the state, UNO maintains a Diversity Affairs division to support the university’s efforts towards creating an environment of healthy respect, tolerance, and appreciation for the people from all walks of life, and the expression of intellectual point of view and personal lifestyle. The Office of Diversity Affairs promotes these values through a wide range of programming and activities. http://diversity.uno.edu/index.cfm

Learning and Support Services
Help is within reach in the form of learning support services, including tutoring in writing and math and other supplemental instruction. Visit the Learning Resource Center in LA 334, or learn more at http://www.uno.edu/lrc/.

Affirmative Action and Equal Opportunity
UNO is an equal opportunity employer. The Human Resource Management department has more information on UNO’s compliance with federal and state regulations regarding EEOC in its Policies and Resources website: http://www.uno.edu/human-resource-management/policies.aspx